



Akaal
Primary School

Personal Social and Health Education (PSHE) Policy



Approved by Trustees :June 2015

Approved by Staff :October 2015

Date for Review :October 2017

Personal Social and Health Education (PSHE) Policy

Aims and Objectives

At Akaal Primary School, Personal, Social and Health Education (PSHE) enables our children to become healthy, independent and responsible members of society. Our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. They learn how society is organised and governed and experience the process of democracy in school through the school council. We provide opportunities for them to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society.

Our aims are to enable the children to:

- recognise their own worth;
- work well with others;
- develop positive relationships and respect for others;
- understand our common humanity, diversity and differences;
- know and understand what constitutes a healthy lifestyle;
- develop safety awareness;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social choices;
- understand how the human body works and what to do when “things don’t seem to be right.”
- form good relationships with other members of the school and the wider community.

Teaching and learning styles

We use a range of teaching and learning styles, including the children in activities such as discussions, role play, games, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open day, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or behaviour. Children have opportunities to meet and work with members of the community, such as health workers, fire fighters, police, and representatives from the local faith communities, whom we invite into the school to talk about their role in creating a positive and supportive local community. Children take on different roles of responsibility during their school life.

PSHE curriculum planning

We teach PSHE in a variety of ways. Some of the objectives are covered in dedicated PSHE times. Many of the objectives are covered through other areas of the school’s curriculum eg RE, assemblies, science and the creative curriculum; attitudes and expectations of behaviour are promoted by adults in the school.

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We also develop PSHE through activities and whole-school events eg the school council representatives from each class meet regularly to discuss school matters, children visit places of worship and each year group participates in school trips.

Foundation Stage

We teach PSHE in the Foundation Stage as an integral part of the topic work covered during the year. We relate the PSHE aspects of the children's work to the areas of learning set out in the Foundation Stage guidance to develop a child's personal, emotional and social development. We also develop PSHE in the Foundation stage through other areas of learning such as Knowledge and Understanding and Communication, Language and Literacy.

Teaching PSHE to children with special needs

At Akaal Primary School, we teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children, including those who are highly able or have learning difficulties. When teaching PSHE we take into account the targets set for the children in their Care Plans.

Assessment and recording

Assessment needs to value and recognise what pupils have done or completed successfully, thereby raising their self-esteem. A variety of approaches to the assessment of individual achievement will therefore need to be practiced by teachers. Teachers need to exercise caution in judging the individual performance of pupils, in terms of attitudes, values and behaviours apparent, as their own will undoubtedly have an influence on this process.

Achievements of pupils in PSHE are reported to parents at the end of each year.

Resources

(To be completed August 2015)

Monitoring and review

The PSHE Co-ordinator is responsible for monitoring the standards of children's work and the quality of teaching. This person supports colleagues in the teaching of PSHE, by giving them information about current developments in the subject. Strengths and weaknesses in the subject and areas for further improvement are discussed with the head teacher and colleagues and feedback is given to the governor responsible for PSHE and Citizenship.